Giant & Ornamental Millipedes

Narceus, Anadenobolus, Centrobolus & Orthoporus

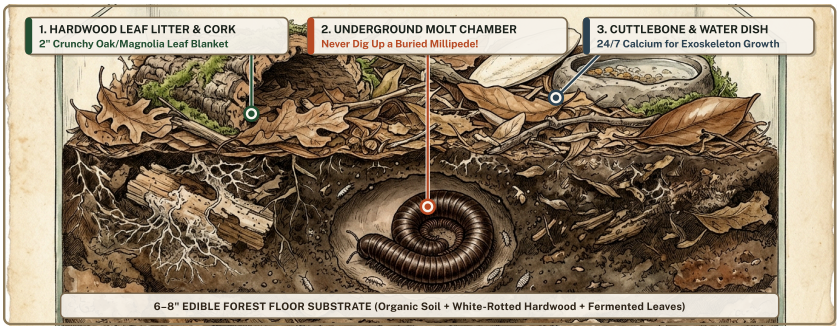
The Quick Version: Unlike centipedes (which are fast predators that bite), millipedes are total sweethearts! They can't bite or sting, they glide across your hand like a tiny living train, and here's the wildest part: **their dirt and leaves ARE 80% of their food!**



LIFESPAN	ADULT SIZE	TEMP RANGE	SOIL DEPTH	SOCIAL
5–10+ Years	3–8 Inches	70°–78°F (Room)	5–6" Edible Dirt	Love Friends!

1. Building an Edible Forest-Floor Setup

BIG RULE: NEVER USE PLAIN COCO FIBER ALONE — THEY EAT THEIR DIRT ALL DAY!



Comfortable Room Temp
Room temp is great (add a tiny side heat pad only if <68°F) — **70°–78°F**

Deep Edible Soil
Must be at least as deep as your millipede is long! — **5–6 Inches**

Damp Like a Wrung Sponge
Moist soil for forest species; drier top layer for desert ones — **65–80% RH**

Cuttlebone in the Tank
They munch calcium non-stop to build all those leg rings! — **24/7 Calcium**

Dechlorinated Water
Always use dechlorinated or spring water when misting — **0% Chlorine**

2. Two Ways That Work — Pick What Fits Your Home

SHORT & SWEET: BOTH OPTIONS WORK GREAT

Forest Millipedes vs. Desert Millipedes

We carry both humid woodland types (Ivory, Bumblebee, Thai Rainbow) and desert cruisers (Texas Gold, Arizona Chocolate):

OPTION A: FOREST MILLIPEDES (IVORY, BUMBLEBEE, SMOKEY OAK, SCARLET)
Keep the 5–6" soil and leaf bed damp like a wrung-out sponge from top to bottom, with 70–80% humidity.

OPTION B: DESERT MILLIPEDES (TEXAS GIANT GOLD, DESERT CHOCOLATE)
Keep the bottom 3" of soil damp so they can burrow down for moisture, but leave the top 2" and surface bark dry with good airflow!

What Goes in the Dirt? (Skip Plain Coco Coir!)

Big No-No: pure coconut fiber has zero nutrition and can clog up a millipede's gut if that's all they have to eat!

OPTION A: READY-MADE BIOACTIVE MILLIPEDE & ISOPOD SOIL
Use an organic millipede/isopod soil or peat-free reptile soil mixed heavy with crushed dead hardwood leaves and soft rotting wood.

OPTION B: OUR DIY FOREST-FLOOR RECIPE
Mix 60% organic reptile/topsoil + 20% crushed dead oak/magnolia leaves + 20% soft, crumbly white-rotted hardwood + crushed cuttlebone.

Tankmates: Friends vs. Risky Roommates

Millipedes are super peaceful and love hanging out in groups:

OPTION A: MILLIPEDE + DWARF WHITE & SPRINGTAIL CREW (AWESOME!)
Keep several millipedes of similar moisture needs together, plus **Tropical Springtails** (and gentle **Dwarf White Isopods** if desired) to keep the tank clean and mold-free.

OPTION B: DON'T MIX BIG HUNGRY ISOPODS (LIKE DAIRY COWS!)
Keep fast-breeding, protein-hungry **Dairy Cow (P. laevis)** or **Porcellio scaber** isopods in their own separate display tub (with 10% **CaribSea Reptilite** calcium sand!) — hungry large pods can nibble a soft molting millipede!

Flip Over for Page 2: Feeding Schedule, Team Tips & Grab-and-Go Checklist →

3. The Millipede Menu: Leaves, Wood & Veggie Treats

80% DEAD HARDWOOD LEAVES & ROTTING WOOD • 15% VEGGIE SLICES • 5% CALCIUM & PROTEIN

80% Main Diet
In the Tank 24/7

Crunchy Dead Hardwood Leaves & Soft Rotting Wood: Keep a 2" blanket of oak, magnolia, sea grape, or jackfruit leaves on top AND mixed into the dirt.

15% Veggies
1–2× Per Week

Squash, Cucumber & Mushrooms: Set a slice of zucchini, yellow squash, peeled cucumber, or mushroom on a little dish (pull leftovers after 24 hrs before they mold).

5% Calcium
Always Available

Cuttlebone & Isopod/Millipede Chow: Leave a chunk of white cuttlebone on the floor 24/7 and sprinkle a pinch of mineral/protein powder weekly.

Millipede Favorites on Our Shelves:

- **Hardwood Leaf Litter** — Magnolia, Sea Grape, Jackfruit, Oak leaves
- **Rotting White-Rot Wood** — Soft crumbly hardwood they munch from inside out
- **Millipede & Isopod Chow** — Morning wood/detritivore gel & bee pollen
- **Natural Cuttlebone** — Crucial calcium for growing new leg segments!

RULE #1: Never Dig Up a Buried Millipede! Millipedes disappear underground for **2 to 8+ weeks at a time** to shed their skin and grow new legs! While molting, they are soft and fragile. Resist the urge to go digging to check on them — just keep the soil lightly damp and wait for them to pop back up!

4. Tips, Tricks & Big No-Nos from Our Reptile Team

REAL-WORLD HABITS THAT KEEP THEM THRIVING

Leaves = Groceries!

If you can see bare dirt on top of the tank, add more dead leaves! A thick leaf blanket holds moisture in and is their favorite midnight snack.

Flat-Hand Handling

Let your millipede stroll across your flat palms right over a table — those 200+ tickly little feet feel amazing! If it curls into a spiral, set it gently back in its leaves.

Brown Stain Secretion

If spooked, millipedes can release a harmless liquid that smells like iodine and stains fingers brownish-yellow for a couple days. Just wash your hands with soap after handling!

Peel Grocery Veggies!

Grocery store cucumbers and squash often have invisible pesticide wax on the skin — always peel veggies or scrub them well before sharing with invertebrates!

5. Grab-and-Go Setup Checklist

ASK US ON THE FLOOR — WE'LL HELP YOU MATCH EVERYTHING!

TANK & EDIBLE FOREST BED

- [ ] 5.5–10 Gal Glass Tank or Vented Acrylic Habitat
- [ ] Organic Millipede/Isopod Soil or Reptile Soil (5–6" deep!)
- [ ] 2–3 Bags of Hardwood Leaf Litter (Magnolia, Sea Grape, Oak)
- [ ] Crumbly White-Rot Hardwood & Cork Bark Flats

MOISTURE, CALCIUM & CLEANUP

- [ ] Sphagnum Moss (for a damp hydration corner)
- [ ] Whole Cuttlebone & Pure Calcium Powder
- [ ] Spray Mister Bottle + Water Dechlorinator
- [ ] Live Springtail Culture (keeps mold away naturally!)

TREATS & SUPPLEMENTS

- [ ] Millipede & Isopod Mineral / Protein Chow
- [ ] Bee Pollen or Detritivore Gel Diet
- [ ] Small Feeding Dish (keeps squash slices off the wet dirt)

A Quick Note from Our Team — Keep Learning & Ask Us Anytime!

The quick version: there's more than one right way to set up a great enclosure! As long as your temperatures, humidity, and diet are dialed in, your pet doesn't care whether its cave is fancy resin or a terra-cotta pot. Bringing home this critter is a **5–10+ year commitment** — use these two pages as your home-base cheat sheet, watch what your pet tells you with their daily behavior, find a good local exotic vet, and call or stop by the shop anytime you have questions!

MY MILLIPEDE'S INFO

Name / Morph: _____

Current Diet: _____

Date Adopted: _____