INSIDE FLAP • KEEPER HABITS

4 Keys to Long-Term Health

Small Daily Habits That Prevent 95% of Vet Visits

Horizontal Bark Perches

They sleep pressed flat against rough tree bark like a piece of lichen! Criss-cross the top half of the tank with horizontal cork branches as wide as their body.

Hydration Comes First!

Dehydration is the #1 danger for babies. Mist right onto the leaves beside their face every morning until you actually watch them drink.

Slow-Mo Stalkers

They hunt in total slow motion! Don't dump 20 fast crickets loose on the floor — put bugs in an elevated magnetic ledge cup or tong-feed right in front of their branch.

Let Them Walk Onto You

Never grab them around the ribs from above (it scares them and hurts their ribs). Slide your fingers gently under their chin and let them step onto your hand like a branch!

Elevated Magnetic Cup Trick: Cuban False Chameleons hunt in slow motion up in the branches and will ignore bugs hiding on the floor! Stick a **Magnetic Acrylic Ledge Cup** high up on the glass right next to their basking bark and drop Dubia roaches or worms inside.

BACK COVER • TAKE THIS TO THE AISLE

Grab-and-Go Setup Checklist

TALL CANOPY TANK & BRANCHES

- [ ] 18"×18"×24" (Juvie) or 24"×18"×24" / 36"×18"×24" Glass Terrarium
- [ ] Lots of Rough Cork Bark Flats, Branches & Bendable Vines
- [ ] Reptisoil + Forest Floor Cypress + Sphagnum Moss
- [ ] Broad-Leaf Terrarium Vines & Plants

UVB, BASKING & MISTING GEAR

- [ ] 5.0 / 6% Shade T5 HO Linear UVB Fixture & Bulb
- [ ] 40W–60W Daylight Basking Bulb + Dome Fixture
- [ ] Zoo Med Little Dripper + Hand Pump Spray Mister
- [ ] Digital Thermometer & Hygrometer Gauge

BUGS, LEDGE & SUPPLEMENTS

- [ ] Live Dubia Roaches, Crickets & Hornworms + Pangea Fruit/Insect Mix
- [ ] Elevated Magnetic Acrylic Feeder Ledge & Cups (keeps bugs at eye level!)
- [ ] Pure Reptile Calcium + Reptivite / Supervite & Vitamin A Plus

MY FALSE CHAMELEON'S INFO & FEEDING LOG

Name / Morph: _____

Gotcha Date & Weight: _____

Current Feeder Size & Day: _____

Critter Cabana & Cascade Pet Supply

Questions about heating, shedding, or a picky eater? Stop by or call our reptile team anytime — we're here for the full 7–10+ year commitment!

CRITTER CABANA & CASCADE PET SUPPLY • CARE GUIDE

Cuban False Chameleon

Anolis barbatus (syn. Chamaeleolis barbatus)



The Quick Version: Plot twist — the Cuban False Chameleon isn't a chameleon at all, it's a giant, prehistoric-looking bark anole! Unlike real chameleons (which get stressed if you even look at them sideways), these guys are super chill, move in slow motion, love hanging out on your hand, and crunch on snails!

QUICK VITAL STATS AT-A-GLANCE

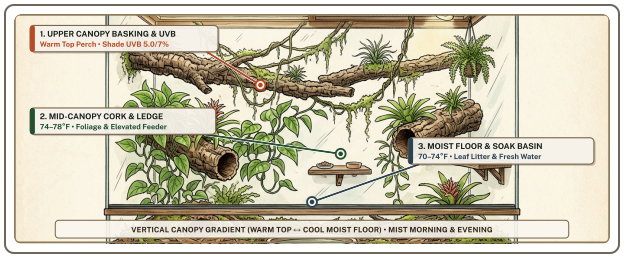
LIFESPAN **7–10+ Years**	ADULT SIZE **12–16 Inches**
ACTIVE HOURS **Daytime (Diurnal)**	ADULT TANK **18×18×24" to 36×18×24"**
FAVORITE FOOD **Soft Bugs & Snails!**	

OPEN FOR TANK SETUP, TEMPS, FEEDING & SHOPPING LIST →

STEP 1 • HABITAT & CLIMATE

Tall Cloud-Forest Setup & Moving Water Drops

Horizontal Bark Branches + Dripping/Misted Water + 5%–6% Shade UVB!



Top Branch Basking Spot
Warm upper branch under a gentle basking bulb — **88°–92°F**

Upper Canopy Air
Warm, humid Cuban cloud-forest air — **76°–82°F**

Humidity Cycle
Mist heavily morning & afternoon (65–80% RH) — **65–80% RH**

Lower Shaded Zone
Cooler mossy bottom & lower branches — **70°–75°F**

Nighttime Temp Drop
Lights off at night; cool drop to 66–72°F — **66°–72°F**

Thermostat & Gauge Rule: Stick-on dial gauges can be off by 10°F+! Use a digital probe thermometer/hygrometer and always plug heating mats and heat emitters into a **digital thermostat**.

STEP 2 • STOCKED STORE OPTIONS

Two Ways That Work

Pick Option A or Option B Based on Your Home Setup

Tank Style: Tall Front-Opening Glass Terrarium

Unlike true chameleons that need all-screen cages, False Chameleons need 65–80% humidity:

OPTION A: FRONT-OPENING TALL GLASS TERRARIUM (OUR TOP PICK!)
An 18"×18"×24" (juvenile) or 24"×18"×24" / 36"×18"×24" (adult) glass terrarium holds cloud-forest humidity in great while keeping fresh airflow.

OPTION B: LIVE-PLANTED BIOACTIVE CANOPY TANK
Add Hydroballs drainage, Reptisoil, and broad-leaf vines to hold water droplets on the leaves so your lizard can drink all day.

How They Drink (They Don't Understand Water Bowls!)

Huge Team Tip: in the wild, they only drink moving raindrops rolling down bark and leaves:

OPTION A: LITTLE DRIPPER + HAND MISTING (2–3× A DAY)
Set a Zoo Med Little Dripper on the screen top to drip onto leaves, and mist gently right on their snout every morning until you see them drink!

OPTION B: PARTIALLY COVERED SCREEN TOP (HOLDS DEW LONGER)
Cover 50% of the screen mesh with a clear liner so morning water droplets stay beaded on the leaves twice as long.

Canopy UVB & Gentle Basking Bulb

Because they're daytime tree-dwellers, they need both UV light and a warm top branch:

OPTION A: 5.0 / 6% SHADE T5 LINEAR UVB TUBE
Set right across the top screen 6–8" above their favorite horizontal cork branch.

OPTION B: UVB BAR + 40W–60W DAYLIGHT BASKING BULB
Gives them an 88–92°F sunny perch so babies can warm up their belly after eating.

STEP 3 • DIET & NUTRITION

The Soft-Bug, Roach & Snail Menu

Feed Gut-Loaded Roaches, Crickets & Hornworms + Cultured Snails (Dust with Calcium!)

Babies (0–6m) — Feed Daily
Small Crickets, Small Dubia Roaches, Hornworms & Pea-Sized Snails: Mist first so they drink! Then offer 4–6 small calcium-dusted bugs in an elevated magnetic ledge cup.

Juveniles — Daily / Every Other Day
Dubia Roaches, Crickets, Small Hornworms & Cultured Snails: Put roaches and grubs in a magnetic wall cup right next to their top branch so they can stalk at eye level.

Adults — 4–5× Per Week
Dubia Roaches, Crickets, Hornworms, Snails & a Dab of Gecko Smoothie: Fun treat: many adults love licking a dab of Pangea Fig & Insect or Fruit smoothie off a branch!

Staple Foods on Our Shelves:

- **Dubia Roaches & Crickets:** Our #1 daily staples — gut-load & dust with calcium!
- **Juicy Hornworms & Grubs:** Soft, high-calcium favorites they go crazy for
- **Pangea Fruit/Insect Dab & Snails:** Lickable smoothie treat + cultured/canned snails
- **NEVER Feed Backyard Snails!:** Wild yard snails carry rat lungworm & lawn poison!

First-Week Rule: Give your new Cuban False Chameleon **5 to 7 days of peace and quiet** in its new tank before handling or offering its very first meal so it can map out its hides and feel safe!